

2023-2024 SCHEDULE



CONTACT

Amber Yancey
Housing Subsidy/FSS Coordinator,
The Arc, Oneida-Lewis Chapter
PHONE: (315) 794-3711
EMAIL: Amber.Yancey@thearc.org

LOCATION

The Arc, Oneida-Lewis Chapter
Training Center [Basement Level]
245 Genesee Street
Utica, New York 13501

COST

\$10.00 per class
\$5.00 Arc Member price

TIME

TUESDAYS, 4:15-6:15 p.m.,
UNLESS OTHERWISE NOTED

PLEASE NOTE:

REGISTRATION/RESERVATION
IS REQUIRED TO ATTEND

TUESDAY • SEPT 26, 2023

Nurturing attendance: Proven Strategies for Tackling Student Absenteeism in the Classroom

Explore, create, and discover approaches and techniques to create a positive and safe classroom atmosphere that encourages regular attendance through a lens of trauma, poverty, and other critical considerations. We will explore the root causes of absenteeism, ranging from community to socio-emotional factors, and equip you with the tools to intervene early and provide meaningful support to students.

CARRIE CONTE, LCSW AND JIMSAK DAOREUANG, M.ED.
INTEGRATED COMMUNITY
ALTERNATIVES NETWORK (ICAN)

TUESDAY • OCT 24, 2023

Conflict Resolution in the Classroom for Teachers and Parents

A discussion of available services for youth and families, including school attendance mediation, family group conferencing, parent/teen mediation, and family team meetings.

STEPHANIE DULAK-EGHIGIAN AND TIM LYON
EMPOWERED PATHWAYS

TUESDAY • NOV 28, 2023

Many Cultures, One School Community

Understanding Limited English Proficient (LEP) Students and Parents.

SHANA PUGHE DEAN
THE CENTER

TUESDAY • JAN 30, 2024

Managing Stress through Yoga

Yoga & Meditation techniques for teachers and students.

NICOLE HAYMAN-SHERMAN
JUST BREATHE YOGA STUDIO REGISTERED YOGA SCHOOL

TUESDAY • FEB 27, 2024

Talk Saves Lives

Information from The American
Foundation for Suicide Prevention

CARYN SCHWEINSBERG AND FRANCESCA ESPOSITO
CENTER FOR FAMILY LIFE & RECOVERY

THURSDAY • MAR 28, 2024

Autism and ADHD Spectrum in the Classroom

A lecture designed to describe the full spectrum of ADHD and Autism symptoms, how they are evaluated and treated, and how teachers can assist in the evaluation process. Techniques to use to manage problematic behaviors in the classroom will be provided.

DR. KATHERINE WARDEN
MVHS

TUESDAY • APR 23, 2024

Substance Education Services

Drug misuse, overdose, reversal, and recovery

JACLYN OSHINS
ACR HEALTH

TUESDAY • MAY 21, 2024

LGBTQ Services

Gender and Sexuality: Creating Inclusive
and Affirming Environments for All.

ASHLEY DAVIS
ACR HEALTH