

SOBANUKIRWA.

KOMEZA KWIRINDA NYUMA YO GUKINGIRWA.
RINDA UMURYANGO WAVE.



Ntabwo ukingiwe bihagije COVID-19 kugeza ibyumweru bibiri nyuma yo guterwa urushinge rwa nyuma!



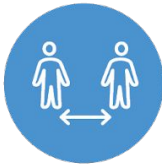
- Nimba warabonye urukingo rwa **kabiri**, ugomba gutegereza **ibyumweru 2** nyuma yo gukingirwa bwa kabiri.
- Nimba warabonye urukingo ukeneye urukingo rumwe, ugomba gutegereza ibyumweru 2 **nyuma yo gukingirwa.**

GUMANA KWIRINDA NYUMA YO GUKINGIRWA.

Abahanga ntibazi igihe urukingo rushobora kumara rukurinda COVID-19 cyangwa se nimba ushobora kuba wakomeza gukwirakwiza COVID-19 nyuma yo gukingirwa. Nubwo waba wararangije inkingo komeza:



Wambare agapfukamunwa.



Irinde kugwerana n'abandi.



Irinde kuja ahantu hateraniye abantu benshi.



Karaba intoki kenshi.



Hanagura ahantu hakunze gukorwa cyane

Nubwo waba wararangije inkingo zose, isuzumisha COVID 19 nimba:



Nimba warabaye hafi y'umuntu ufite COVID-19 kandi ukumva utangiye kurwara. Guma mu rugo kandi ntiwegere abandi.

Wowe ubana n'abantu benshi kandi wabaye hafi y'umuntu ufite COVID-19. Nubwo waba wumva utarwaye, gerageza. Guma mu rugo kandi ntiwegere abandi.



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[cdc.gov/coronavirus](https://www.cdc.gov/coronavirus)